

Transforming care for Veterans and Seniors

Honour and Care

SUMMER 2026

Your Impact, Our Gratitude

Stories
about how you
improve the
quality of life of
Veterans and
Seniors.



2 year-old, Hannan shares a sweet moment with 103 year old WWII Veteran and Perley Health resident, Roland in the Andrew Fleck Children's Services Intergenerational Early Learning Centre at Perley Health. Your incredible support is changing the landscape of long-term care.

A Place Where Care Comes Full Circle

The new Andrew Fleck Children's Services Intergenerational Early Learning Centre at Perley Health means more than childcare, thanks to you.

Every morning, Stephanie walks into Perley Health carrying two important roles with her: Care Coordinator for Assisted Living Services and mom.

As a Care Coordinator, Stephanie spends her days coordinating home care for 90+ seniors. And now, **thanks to you**, she can begin her workday knowing her daughter, Hannan, is just steps away learning, laughing, and growing in the new Intergenerational Early Learning Centre. For Stephanie, the Centre feels like something rare—a place where care comes full circle.

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You Improve Quality of Life



Residents like Louise look forward to the special weekly tradition of enjoying ice cream in the pub with friends. Thank you for making Wednesdays a little sweeter.

Serving Smiles, One Scoop at a Time

Thanks to you, every Wednesday feels like summer.

“What ice cream flavour would you like today?” It’s a question that brings smiles to faces every Wednesday at Perley Health.

On ice cream day, the Pub is transformed into an old-fashioned ice cream parlour. Volunteers in striped shirts, bowties, and aprons are ready with cones, cups, and plenty of friendly conversation. Before long, there’s a lineup and the room is buzzing with chatter and laughter.

For many residents, an ice cream cone brings back sweet memories of summer days, family outings, and visits to the local ice cream shop. And it’s a delicious reminder that you’re never too old to enjoy a sweet treat!

These are the simple pleasures that help make Perley Health feel like home. **Thank you for making Wednesdays a little sweeter, and for helping residents live life to the fullest, one scoop at a time.**

A Message From Delphine



Summer is in full swing, and I hope you are enjoying all this season has to offer. At Perley Health, your generosity is bringing sunshine, celebrations, and opportunities to spend time with loved ones.

We were incredibly grateful to celebrate an exciting milestone: the grand opening of the Intergenerational Early Learning Centre. It’s an extraordinary space made possible by your caring generosity, and where children and grandfriends are connecting in meaningful ways.

Thanks to your support, we also celebrated our remarkable Century Club members. It was a fun-filled party for residents aged 100+ whose lived wisdom is an inspiration to all.

The heartwarming stories in this newsletter are possible because you believe Veterans and Seniors deserve to live life to the fullest, no matter their age or ability. Every day, residents are surrounded by the warm, meaningful connections and moments of joy your generosity brings.

Thank you for helping create this exceptional community, and for improving the quality of life of Veterans and Seniors.

With warmth and gratitude,

Delphine Haslé, CFRE
Chief Executive Officer

For Veterans and Seniors! ♥

Celebrating 100+ Years Young

Your support honours life and joyful milestones at every age.

This year, 101-year-old Perley resident, Betty was one of 23 residents celebrating a birthday milestone. As family, friends, volunteers, and staff joined the Century Club party, everyone enjoyed music, friendship, and of course cake!

During the celebration, Betty and her peers were presented with a corsage or boutonniere, a button, and a special certificate. But perhaps even sweeter than the balloons and birthday cake was Betty's advice to younger generations: *"Stay as healthy as possible, have good friends, and love your family."*

Thank you for your support of the Ozerdinc Grimes Family Therapeutic Recreation and Creative Arts Program that celebrate residents and enhance quality of life at every age.



A Place Where Care Comes Full Circle *(Continued from page 1)*

"As someone with a recreation therapy background and having worked with seniors and in long-term care for almost my entire working career, I know the benefits of intergenerational programming from a senior's point of view, but now I get to experience it from a parent's point of view," says Stephanie.

Thanks to your incredible support of the Bridging Generations campaign, the Centre, operated

by Andrew Fleck Children's Services, is now open and creating opportunities for children and grandfriends to connect and interact through shared activities like music, storytelling, crafts, and shared meals.

Thank you for helping create meaningful connections that support children, Veterans and Seniors, and the hardworking people who care for them every day.



Andrew Fleck staff eagerly await the arrival of children and residents to the Intergenerational Early Learning Centre that you helped create.

"I'm struck by how Perley Health continues to evolve and impact even greater numbers of people. These impacts are the result of a talented, dedicated staff, and strong support from partners and the community, particularly from donors to the Perley Health Foundation."
~Akos Hoffer, CEO, Perley Health



Your Gift Transforms Quality of Life

Your generosity today helps ensure that every resident is supported with care, respect, and opportunities to feel engaged and valued regardless of age or circumstance. With your support, meaningful moments can happen every day for Veterans and Seniors and the people who love them.

Here's how your gift makes an immediate difference:

- **\$50** helps provide music and artistic activities that bring colour, creativity, and gentle stimulation to daily life.
- **\$200** helps fund enhanced mobility aids that promote independence, comfort, and safety.
- **\$500** helps advance frailty-informed research, improving care for Veterans and Seniors at Perley Health and across the region.

These are just a few of the ways your support improves quality of life. **Every gift, no matter the size, helps create a safer, more comfortable, and more compassionate place to call home.**

Will you help bring comfort and meaningful moments to a Veteran or Senior today?

Thank you for your kind and caring support.

Here's how you can help! →



Veterans and Seniors are living life to the fullest because philanthropy has fueled Perley Health's care, research, innovation, and growth.

Stay Connected



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PerleyHealthFoundation.ca



**Perley
Health**
Foundation

I want to help even more! Here's my next gift!



YES! I want to help a Veteran or Senior in long-term care live life to the fullest with my gift today.

**Return
the enclosed
reply card
with your
gift.**

- ☐ **\$50** helps fund music and art supplies for creative expression.
- ☐ **\$200** helps buy enhanced mobility aids that promote independence.
- ☐ **\$500** helps advance research and person-centred care.
- ☐ **\$_____** to improve the quality of life of a Veteran or Senior.

These are just some of the things your gift supports. Every gift, regardless of size, improves quality of life for Veterans and Seniors at Perley Health. Thank you.

*Scan here to make
a secure gift online.*

