

Transforming care for Seniors and Veterans

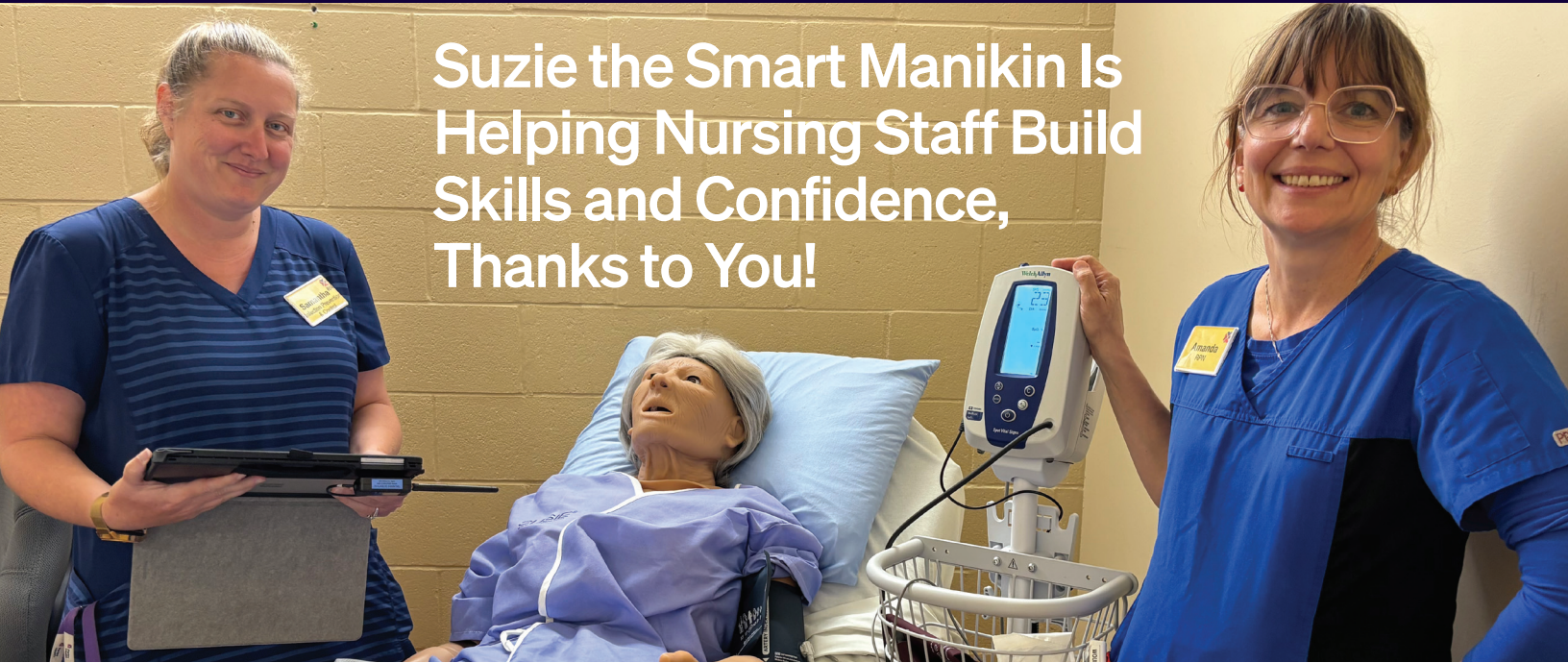
Honour and Care

FALL 2025

Stories of how
you transform
the quality of life
of seniors and
Veterans every day.
Thank you!

Your Impact, Our Gratitude

Suzie the Smart Manikin Is Helping Nursing Staff Build Skills and Confidence, Thanks to You!



Because of your incredible generosity, nursing staff now have a powerful new tool for delivering safe, skilled care.

Suzie is an advanced medical simulation tool that allows staff to practice real-life medical scenarios in a controlled environment. For nursing staff, that hands-on training is making all the difference.

“As a nurse, I want to be sure our staff are giving the best care possible,” says Samantha, IPAC Clinical Manager with Perley Health. “Suzie gives us a chance to practice by doing before being in a high-pressure situation with a real person. It’s incredibly reassuring.”

From assessing vital signs to responding to sudden changes in condition, Suzie is helping nursing staff build confidence and clinical judgment through repetition and immediate feedback.

This kind of advanced training wasn’t possible before. Now, thanks to you, every nurse and PSW who cares for a senior or Veteran has access to this gold-standard experience.

“I’m so excited about what this means for our team,” adds Samantha. “Having Suzie here means we can create training scenarios we’ve never been able to offer before. I know this is going to make our staff even more skilled and confident in their care.”

You’ve given the nursing staff the tools to succeed—and residents the peace of mind that they’re in safe, capable hands. Suzie is here because you cared enough to help. Thank you for making such a lasting impact on care at Perley Health.



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Leaving a Legacy for
Seniors and Veterans.



You Improve Quality of Life



Your Kindness Adds a Scoop of Joy

Because of you, couples like Butch and Marsha still share life's sweetest moments.

Every Wednesday afternoon, Butch and Marsha meet for ice cream in the Perley Pub. “We consider it our date night,” Marsha jokes.

The visually impaired couple, who have been married for 42 years and counting, first moved into a Perley Health apartment in 2017. But when Butch's health needs changed, he was moved to the hospital and then a different long-term care home for a period. It was a difficult time for the couple.

“I was relieved when a long-term care room opened up for me at Perley,” Butch recalls. “It was hard to be away from Marsha for so long. I never want to go through that again.”

Now, even though the couple live apart, they both live in the Perley community and see each other as much as possible. Both are members of the Perley choir, and they attend as many concerts and social gatherings together as they can. And every evening, they take a moment to connect over the phone—a simple check-in that keeps their love close.

These joyful moments are possible because of you. Your support ensures residents like Butch and Marsha keep living life to the fullest every day. Thank you.

A Message of Gratitude From Delphine



Every fall, when the air turns crisp and the trees change colour, I find myself thinking about life's blessings. And as we pause this Thanksgiving to honour the bounty of the season, I want to share something from the heart:

I am truly grateful for you.

Because of your generosity, seniors and Veterans at Perley Health have the comfort and care they deserve, along with moments of connection that make each day brighter.

You may not see it firsthand, but your kindness is present in every smile, every song, and every safe, welcoming space you help make possible.

When I think of the blessings in this season, you are at the very top of the list. Thank you from the bottom of my heart.

Delphine Haslé, CFRE
Executive Director

“We feel extremely lucky to live at Perley. It's a wonderful place to call home.”

~Butch and Marsha

For Seniors and Veterans! ♥

Leaving a Legacy of Care For Seniors and Veterans

When Dianne's 96-year-old father, Bill, needed long-term care after a stroke, she knew exactly where he belonged—Perley Health.

A Navy Veteran and proud father of four, Bill spent his final year surrounded by a caring community. "Perley didn't feel like a *long-term care home*," Dianne says. "It just felt like *home*."

She was especially moved by the arts studio. Despite macular degeneration, Bill rediscovered his love of painting thanks to staff, who are real working artists. He also joined sing-alongs, made friends, and always received kind, thoughtful care.

Grateful for that exceptional care, Dianne recently made a powerful choice to include Perley Health in her will. Gifts in wills, no matter the size, help Perley Health continue to support compassionate, quality of life care for residents. **To learn more about leaving a gift in your will, call Delphine Haslé at 613-562-7194 or email dhasle@perleyhealth.ca.**



"I'm not rich but I wanted to give back. Perley gave my dad a beautiful final year—and I want other seniors and Veterans to have that too."

~Dianne
Grateful daughter

We're Under Construction!

The Intergenerational Child Care centre is one step closer to opening its doors, thanks to YOU.

There's a buzz in the air at Perley Health as the season shifts to fall. **Thanks to your support**, children, seniors and Veterans will soon spend time together daily in this special one-of-a-kind child care space.

"Creating this Intergenerational Child Care centre is a powerful reflection of our commitment to excellence in care and to enhancing the quality of life for those we serve," says Katrin Spencer, Director of Strategy, Partnerships and Growth at Perley Health. "Now that construction is underway, we're witnessing how it will strengthen our community, and make a lasting impact on the lives of our staff and those in our care."

This new space is more than bricks and mortar—it's a living symbol of your incredible impact. You're helping to create a place where Veterans can share stories with curious toddlers, where preschoolers can sing and play alongside residents, and where staff and families feel the support of a stronger, more connected community.

Thank you for believing in the vision and for making it real. We can't wait to show you what your generosity is building. Stay tuned—this is just the beginning.



From left: Akos Hoffer, CEO Perley Health, John Fraser, MPP (Ottawa South), Mayor Mark Sutcliffe, George Darouze, MPP (Carleton), Delphine Haslé, ED Perley Health Foundation, Kim Hiscott, CEO Andrew Fleck Children's Services, and Marty Carr, Councillor for Alta Vista.

Your Gift Transforms Lives All Year Round

The holidays remind us of what matters most—connection, dignity, and meaningful moments. Right now, you have the power to transform daily life for a senior or Veteran.

With the holidays fast approaching, you can ensure that every person experiences purpose and joy, regardless of age or circumstance. Your generosity today will create meaningful moments for residents and their families throughout the holiday season and beyond.

Here's how your gift makes an immediate difference:

- Your \$50 helps buy art supplies for creative expression, bringing color and inspiration to daily life.
- Your \$200 helps buy enhanced mobility aids that promote independence, restoring freedom and confidence.
- Your \$500 helps advance frailty-informed research, pioneering better care for seniors and Veterans at Perley Health and across the region.

These are just some of the things your gift supports. Every gift, regardless of size, improves quality of life for seniors and Veterans at Perley Health.

Your support today means residents can experience improved care and comfort without delay. Whether you choose to give \$50, \$200, \$500, or any amount that feels right to you, your contribution will touch lives immediately.

Will you help make this bountiful season brighter for a senior or Veteran?

Thank you for your kind support.

Here's how you can help!



Seniors and Veterans are living life to the fullest because philanthropy has fueled Perley Health's care, research, innovation, and growth.

Stay Connected



1750 Russell Rd
Ottawa | ON | K1G 5Z6
613.526.7173
PerleyHealthFoundation.ca



Perley
Health
Foundation

I want to help even more! Here's my next gift!



YES! I want to help a senior or Veteran in long-term care live life to the fullest with my gift today.

- ☐ \$50 helps buy art supplies for creative expression.
- ☐ \$200 helps buy enhanced mobility aids that promote independence.
- ☐ \$500 helps advance frailty-informed research.
- ☐ \$_____ to improve the quality of life of a senior or Veteran as much as possible

These are just some of the things your gift supports. Every gift, regardless of size, improves quality of life for seniors and Veterans at Perley Health. Thank you.

Return the enclosed reply card with your gift.

Scan here to make a secure gift online.

