

The benefits of including a charitable gift in your Will

Meet the Charitable Partners



BGC Ottawa (formerly Boys & Girls Club of Ottawa) serves an average of almost 5,000 children and youth (ages 6-18) every year at 11 locations, including a summer camp and a virtual clubhouse. Members access free programs in a safe and supportive environment, designed to help them reach their full potential, experience new opportunities, overcome barriers, build positive relationships, and develop confidence and skills for life.

Contact: Katherine Carter at 613.232.0925 ext. 1242 or via email at kcarter@bgcottawa.org



Hospice Care Ottawa is a community-based organization offering compassionate, high-quality care to individuals and their caring community, from the time of diagnosis through their palliative and end-of-life journey. All services are offered at no charge to over 1,000 clients and their families each year.

Contact: Sue McIntosh at 613.260.2906 x. 224 or via email at susan.mcintosh@hospicecareottawa.ca



The Ottawa Food Bank is the main emergency food provider in the National Capital Region. Through 112 community food programs, it provides food for over 39,000 people per month – 37% of whom are children. Each year more than 5 million pounds of food is delivered to the community; 43% of the food distributed is fresh

Contact: Tricia Johnson, CFRE, at 613.745.7001 x.119 or via email at tricia@ottawafoodbank.ca



The Ottawa Mission is our city's oldest and largest emergency shelter for people experiencing homelessness. In addition to food and shelter, we provide addiction & trauma treatment, job training & education support, housing assistance, health services (medical, dental and hospice) and spiritual care. The Mission offers hope, healing and dignity to everyone who walks through our doors.

Contact: Christina Hunter Cadieux at 613.234.1155 or via email at chuntercadieux@ottawamission.com

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Ottawa Regional
**Cancer
Foundation**

The Ottawa Regional Cancer Foundation is the voice for cancer survivorship in Eastern Ontario. Our mission is to help people living with cancer by providing local residents with increased access to person-centered care through the delivery of the Cancer Coaching Health and Social Care Service, innovative cancer research and a world-class clinical trials program.

Contact: Josee Quenneville at 613.247.3527 x. 264 or via email at jquenneville@ottawacancer.ca



Perley Rideau

The Perley and Rideau Veterans'
Health Centre Foundation
La Fondation du Centre de santé
Perley et Rideau pour anciens
combattants

The Perley and Rideau Veterans' Health Centre is a welcoming community and home to over 600 seniors and Veterans. It offers 450 long-term care beds, 139 seniors independent-living apartments, and a growing number of clinical, therapeutic and recreational services. Veterans have dedicated access to housing and services. It is also home to Canada's first Centre of Excellence in Frailty-Informed Care.

Contact: Delphine Haslé, CFRE, at 613.526.7194 or via email at dhasle@prvhc.com



**YOUTH
SERVICES
JEUNESSE**

The Youth Services Bureau Foundation provides life-changing support for young people aged 12 and older – and their families – as they resolve complex issues. YSB offers youth mental health services, housing for homeless youth, as well as justice and employment programs.

Contact: Patti Murphy at 613.729.0577 x.1262 or via email at pmurphy@ysb.ca