



Fall 2015

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Between Us

The Perley and Rideau Veterans' Health Centre Foundation ♦ OTTAWA, ONTARIO



Tom Lumby relaxes in his west-end home.

Generous Gift Inspired by Perley's "Noble Mission"

By Peter McKinnon

Tom Lumby recognizes that he's led a remarkably full life. He's a husband, father, grandfather and great-grandfather who served in WWII, carved out a long successful career and maintains a healthy appetite for good books and fine scotch. In July, Tom Lumby set himself apart from the crowd in a whole new way, by making a substantial donation to the Perley and Rideau Veterans' Health Centre Foundation.

"I appreciate what the Perley Rideau does for veterans and for other seniors, and I want to support that," says Lumby. "During my wartime service, I was lucky. Many others were not. Given the breath of life, I feel a sense of responsibility and I want to make the most of this opportunity."

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Life in the Key of Jupp

By Peter McKinnon



When Bill Jupp moved into the Perley and Rideau Veterans' Health Centre in April, he brought with him a positive outlook and his vintage Selmer alto saxophone. Both have served him well throughout a life marked by the love of family, the elegance of jazz and the ugliness of war. From piloting bombers during WWII, to blowing sax alongside such legends as Zoot Sims and to sharing his musical talents with Ottawa high-schoolers, Bill Jupp always abides by the spirit of the 1931 classic by Duke Ellington and Irving Mills: *It Don't Mean a Thing if it Ain't Got that Swing*.

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Perley Rideau
Foundation



Happily ensconced in his west-end home, surrounded by photos and artefacts of an exceptionally rich and long life, Tom Lumby modestly shares his story. At age 104, he lives on his own—his wife passed away more than a decade ago. Tom sees his son regularly, visits with his grandson and great-grandson as often as possible, and stays active and connected thanks to a caring group of neighbours.

Born to a family of homesteaders near the town of Harris, Saskatchewan, Tom recalls shooting gophers to earn the bounty paid out by the local reeve. He also once traded his jackknife for a horse: "turned out it wasn't such a great trade, because the horse was way too headstrong."

The family moved to Los Angeles, where his father worked for the railway until he was laid off when the Depression hit. Tom abandoned his university plans and moved to Saskatoon and a job at a GM dealership. Despite the hard economic times, he managed to transform the dealership's garage into a profit centre—a hint of the managerial talents that marked him for career success.

During this time, Tom also met and married Sadie, the love of his life. Born Sarah Phillips in nearby Tessier, she was a gifted pianist who had come to play during a funeral mass. Sadie would continue to play the piano most mornings—a memory Tom cherishes—until shortly before her death in 2002.

When Canada declared war on Germany, Tom tried to enlist in the Air Force, but they wouldn't take him without a university degree. So he joined the army, trained in Petawawa, and was assigned to a machine-gun battalion and despatched to Europe. As a result, he missed the birth of his only child, Peter.

In Europe, Tom Lumby served in the 1st Canadian Tank Delivery Regiment, ferrying new and repaired tanks to the front lines. He experienced his share of fiery combat during the Battle of the Falaise Pocket, when the Allies fought their way out of Normandy and into the French heartland.

Along with some of the war's intense horror, Tom also recalls acts of kindness, such as the favour he did for a Dutch family. A family member had a bad infection. The family were familiar with penicillin—relatively new at the time—and knew that Allied medical units carried supplies of the drug with them. Tom Lumby secured penicillin for the family and the person recovered. The family was so grateful, they tried to give Tom a sketch by Manet, the French

Impressionist.

"I told them to keep it," says Tom Lumby. "It belonged in the family; I surely didn't need it."

After the war, Tom Lumby joined the Control Commission—the Allied governance body in charge of implementing the Marshall Plan. He served in several German cities, witnessing some of the confusion and desperation as millions of displaced persons searched for a better future among the rubble and trauma.

Given the regrets, second thoughts and stress that come with war service, Tom did his best to put it all behind him when he left the Commission and returned to Canada. He focused on his family, his work and his dog, Zeppel.

"I never went to the Legion, as so many other veterans did," recalls Tom Lumby. "I eventually gave all of my service medals to my grandson."

The next phase of his career saw him land a job at CN Rail in Montreal, where he would rise through the ranks to the position of Director General of Personnel. Once retired, he became a sought-after consultant in human resources, working across Canada as well as in England, France and the U.S. He and Sadie enjoyed life to the fullest. Since Sadie passed away, Tom and his son Peter have grown closer than ever, particularly through a shared love of literature.

Living in Ottawa, Tom had long been aware of the Perley and Rideau Veterans' Health Centre and appreciated the support they provide veterans and civilians alike. When some stock he had bought years ago split yet again, Tom considered it a sign.

"I've been so lucky," Tom says, "surrounded by loving family and good friends. I feel a sense of



To celebrate Tom Lumby's donation, the Perley Rideau hosted a special luncheon that included members of Tom's family, some of his neighbours and members of the Foundation Board. In this photo, Tom is flanked by Foundation Executive Director Daniel Clapin and Foundation Chair Charles Lemieux.

responsibility to those less fortunate and want to support the Perley Rideau's noble mission."

In July, Tom Lumby donated the stock—worth more than \$160,000—to the Perley Rideau Foundation.

"I was really impressed by what I saw during a recent tour of the facility," says Tom Lumby. "I'm sure that my donation will be put to the best possible use."

By any measure, it's a remarkable act of love and kindness. **BU**

Perley Hosts Collaborative Session on Estate Planning

By Daniel Clapin, ACFRE, Executive Director

I was pleased to work with five other charities to deliver an information session on estate planning at the Perley and Rideau Veterans' Health Centre on September 25th. The event featured Douglas D. Buchmayer, a partner at Gowlings, and an expert in estate planning, litigation and administration. Mr. Buchmayer described recent changes in Ontario law related to wills, along with the concept of probate and how to minimize the amount of taxes and fees that will come out of an estate after death. He also answered numerous questions about the complexities of effective planning. Approximately 60 people attended the event and much appreciated the exchange of information, along with the answers given by Mr. Buchmayer, who provided his expertise free of charge.

The session grew out of a special partnership among six charities: The Perley and Rideau Veterans' Health Centre Foundation, National Arts Centre Foundation, Boys and Girls Club of Ottawa, Ottawa Regional Cancer Foundation, Montfort Hospital Foundation and Ottawa Food Bank. The charities often hear questions from potential donors about how best to bequeath portions of their estates to charity. Given the legalities of wills and estate planning, however, the charities typically refer potential donors to experts in the field. Hosting a joint session and encouraging each charity to invite potential donors is a great example



L to R: Douglas Buchmayer, Gowlings; Sara Rad, Boys and Girls Club of Ottawa; Dan Clapin, The Perley and Rideau Veterans' Health Centre Foundation; Patti Moss and Patti Murphy, Ottawa Food Bank; Marianne Loken, Ottawa Regional Cancer Foundation; Julie Briand, Montfort Hospital Foundation; Barry Bloom, National Arts Centre Foundation.



of effective collaboration among charities.

Mr. Buchmayer explained that the most important consideration for those who wish to include a donation to charity in their will is to use the correct legal name and charitable organization number. For the record, ours is: The Perley and Rideau Veterans' Health Centre Foundation, registration number 12194 8038 RR0001.

Among the many bits of advice provided by Mr. Buchmayer were three key considerations he shares with clients when they choose an executor for their will:

- Do you trust them fully and implicitly?
- Can you trust that your executor will seek the help of a professional, such as a real-estate agent or accountant, if needed?
- If you choose multiple executors, do they get along well enough to work together effectively?

I want to extend my personal thanks to Mr. Buchmayer, the other partners and to the people who attended for making the session such a rousing success. **BU**

The Perley Rideau Seniors Village is comprised of a 450-bed long-term care centre (including 250 beds for veterans), 139 specially designed seniors apartments and community health care services.

We appreciate your support in making a bequest in your will and/or making a donation

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Born in Windsor in 1922, Bill Jupp took to music like a duck takes to water. As a child, he performed at church alongside his pianist mother and was a regular member of the local Kiwanis Boys' Band. Before reaching his teens, he earned a gold medal as a soloist at the Canadian National Exhibition Music Competition and finished in the money at the Chicago World Fair's music competition. The golden age of big-band music was underway and Bill—adept at clarinet, saxophone, flute and piano—loved every note, beat and measure.

When WWII broke out, Bill answered the call and enlisted in the Royal Canadian Air Force. After completing pilot training in Canada, Bill packed up his clarinet and headed off to Europe. While on leave, he'd sit in with bands in London—particularly the RCAF's big dance band. As a member of No. 415 Squadron, Bill piloted Halifaxes and Wellingtons on bombing missions over Europe. During one flight, he encountered the Nazis' latest plane: the Messerschmitt Komet, the world's first rocket-powered fighter. Once back on the ground, Allied intelligence agents questioned him about what he had seen.

When the war ended, Bill returned to Windsor and married Mary Whitty, a singer who performed occasionally with local orchestras. They had a single daughter, Joy, in 1948. Bill pursued a career in music, playing in bands and dances at local hotspots such as the Elmwood Casino and Bob-Lo Island. The Billy Jupp Orchestra, with Mary on vocals, recorded an album in Detroit. Even in those days, though, there was little money to be made in music and Bill held various jobs to make ends meet. By the early 1950s, the heyday of big bands was drawing to a close and Bill's band broke up.

When Bill heard that the RCAF was hiring pilots, he accepted a commission at RCAF Station Centralia, near London, Ontario. He played music less often, but was a good enough shortstop to earn a regular spot on the semi-pro team in nearby St. Mary's. Another opportunity soon presented itself: Germany had joined NATO and the alliance chose to establish an airbase at Baden-Soellingen, where they would need both pilots and flight

instructors.

Germany, like much of Europe, remained a strong market for big-band jazz and Bill was soon back on stage, leading bands and arranging music for such luminaries as Zoot Sims and Eddie Sauter.

"During that time, I did more writing than playing, although I sat in with Eddie Sauter's big band sometimes," recalls Bill Jupp. Between 1957 and 1959, Bill took over from Kurt Edelhagen as leader of the Southwest German Radio Symphony Orchestra.

Bill Jupp's life took another significant turn in the early 1960s, when his marriage ended in divorce and the RCAF transferred him to headquarters in Ottawa. He flew less and less, and left the RCAF shortly after it became part of the Canadian Armed Forces in 1967. "I got tired of flying a desk," he says.

Determined to start afresh, he returned to school and earned a Master's degree in education. Bill married Irma Warkentin, a woman he had originally met in Germany, when she taught at the base in Baden-Soellingen. Together, they had two children, Peter and Elizabeth. In 1969, Bill started a new career as a high-school music teacher, first at Sir Wilfrid Laurier and later at Woodroffe. One of his pupils—Mike Tremblay—went on to become a successful professional musician and considers studying under Bill Jupp a major turning point in his life. Along with arranging for and conducting high-school orchestras, Bill also led and performed in both a community band and a professional jazz band. In the 1988, he retired from teaching, but continued to perform, including gigs at the National Arts Centre in Ottawa, the Montreal Jazz Festival and the Detroit-Windsor International Freedom Festival.

Bill's second wife passed way in 2005 and his physical abilities slowly began to decline. He performed less often, although he continued to manage and write for his jazz band until 2009, and took the stage for special reunion shows in 2011 and 2012. Lacking the energy to practice regularly, he put his sax away for the first time in more than 70 years. In 2011, the Ottawa-Gatineau



Musicians Association honoured Bill with a Lifetime Achievement Award.

Son Peter moved in with him in 2009—at first, Bill needed help only with managing a schedule. Gradually, his needs increased; needing a higher level of care, he moved into the Perley and Rideau Veterans' Health Centre in April 2015.

"My sister, half-sister and I all rest easier now because we know dad gets the best possible care," says son Peter.

In July, Bill was even inspired to pick up the sax again and play a few numbers with his old band. Gertrude Létourneau, a professional musician who works at The Perley Rideau and occasionally plays with members of Bill's old band, organized a special concert at The Perley Rideau.

"It was pure magic to hear him swing again," says daughter Elizabeth. **BU**

Sharing the Gift of Music

For Gertrude (Trudy) Létourneau, performing with Bill Jupp was a highlight of her musical career. For the past 15 years, Létourneau has worked as a professional musician at The Perley Rideau. When she learned that a new resident had enjoyed a long career as a professional musician, she immediately set out to find out more.

“Within a few minutes, I learned that we had both performed with some of the same musicians,” says Trudy. “That gave me the idea for the reunion concert.”

Organizing concerts is part of Trudy’s job at The Perley Rideau. Up to seven times a week, she engages Perley residents in a variety of musical activities, such as sing-alongs, recitals and discussions about particular songs, styles, groups or composers.

“Music brings them out of the bubble of their limitations,” says Trudy. “There’s an old saying that when you recognize a song, you’re no longer alone; you have a connection that you can build

on—a foundation for sharing and communication.”

Trudy Létourneau is a gifted musician: a recording artist who performs classical music and old-time songs regularly, often for audiences of seniors across the National Capital Region. Her connections in the music industry have helped her attract more than 20 musical guests for performances at the Perley and Rideau Veterans’ Health Centre over the years.

“When I got in touch with some of Bill’s old band-mates, they all said ‘yes’ right away,” says Trudy. “At first, Bill wasn’t too hot on the idea, because he hadn’t been playing much. It was a treat to hear him play with his band again, and he’s joined in a few times at our sessions in recent weeks.”

Trudy says there’s no greater thrill than seeing music spark the interest of players and audiences alike. “Working here inspires me as a musician,” she says. “I consider it an honour to be a part of the Perley family.”



Back in the Swing

On July 22nd, Perley Rideau residents were treated to a special concert, as Bill Jupp joined his former band for an hour of live music in the Courtyard. Organized by Perley Rideau staff musician Gertrude Létourneau, the concert included a list of favourites from the big-band era. The band played at The Perley Rideau several times in the mid-2000s, before Bill retired from live performance. Bill's daughter Elizabeth (sitting next to him) attended the concert.

Musicians:
Bill Jupp, saxophone
Don Paterson, trumpet
Art Katona, trombone
Sol Gunner, bass
Flenn Robb, drums
Kay Denison, keyboard
Gertrude Letourneau, flute and vocals

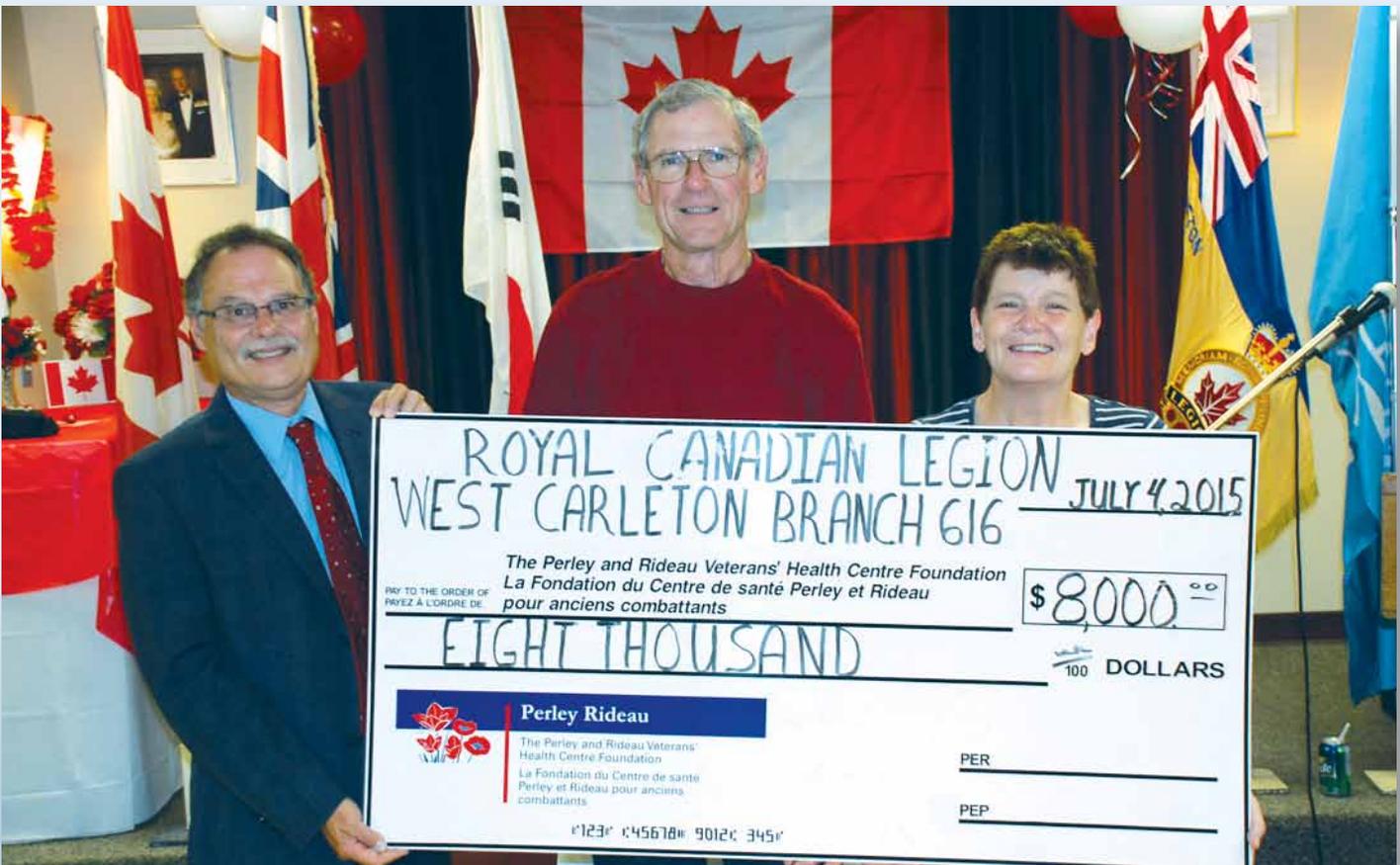


of Things





In June, 2015, Bob Hanley celebrated his 95th birthday surrounded by friends and family. His wife Terry added a silver leaf to the Tree of Life as part of the celebrations. Bob and Terry live in Commissionaires Ottawa Place in the Perley Rideau Village.



The Royal Canadian Legion West Carleton Branch 616 donated \$8,000 to the Perley Rideau Foundation to purchase two bariatric Hi-Lo beds. L to R: Daniel Clapin, Foundation Executive Director, George Dolan, Poppy Trust Chairman, Katherine Scott, Branch President. Photo credit: Derek Dunn/Metroland Media



Mrs. Diana Hennesy unveils a new leaf on the Perley Rideau's Tree of Life in memory of her late husband, Vice-Admiral Ralph L. Hennesy, DCS, CD, RCN. L to R: Delphine Haslé, Foundation Development Officer; Charles Lemieux, Foundation Chair; Diana Hennesy; Ron Buck, Health Centre Chair; Daniel Clapin, Foundation Executive Director.



The Support Our Troops Program made a special presentation of \$75,000 to The Perley Rideau Foundation for the purchase of 30 Hi-Lo beds. Support Our Troops is the beneficiary of the Mackenzie Tour – PGA TOUR Canada event the National Capital Open to Support Our Troops. On August 19th, two TOUR players showcased their skills at the Perley Rideau's mini-putt facility. L to R: Mary Boutette, Health Centre Chief Operating Officer; Brigadier-General (Ret'd) Charles Lemieux, Foundation Chair; Bill Cooper, Veterans' Council President; Daniel Clapin, Foundation Executive Director; Major General (Ret'd) Mike Ward, Associate Director General CFMWS; Jeff Monday, President PGA Tour Canada; Vice-Admiral (Ret'd) Ron Buck, Health Centre Chair.

Perley Artist Creates Holiday Greeting Card

By Peter McKinnon

This year marks the debut of a new tradition: the sale of holiday-greeting cards featuring the artwork of a Perley resident. This year's featured artist is Tamar "Willie" Fortier. Born in Saskatchewan, Fortier served in the Northwest Air Command as a nurse during WWII, and was stationed in Belleville, Ontario and Edmonton, Alberta. After the war, she returned to school, became an RN, and worked in emergency rooms and surgical theatres. Together with husband Jack, who passed away at the Perley in 2014, she raised two children and they were blessed with four grandchildren.

These days, Fortier devotes much of her time to painting and sketching, and spends up to six hours a day in the Perley's art studio. "Creativity is important for everyone," she says. "It sparks the imagination and makes people think."

About 30 or more residents attend creative-arts classes daily in the Perley's studio, one of the many



"extras" made possible by the Perley and Rideau Veterans' Health Centre Foundation and the support of generous donors. The Perley also provides arts classes and materials to the rooms of residents who are unable to make their way into the studio.

For the first time, the Foundation will print and sell Christmas cards. A pack of ten cards costs \$10, with all proceeds going to the Foundation. This year, the card will feature one of Willie Fortier's paintings, "Robin in the Winter."

"I'm proud to be known around here as the 'bird lady,'" she says. "And now you can see why." **BU**



Veteran Reconnects with his Aboriginal Roots

By Peter McKinnon

At the age of 88 and a resident of the Perley and Rideau Veterans' Health Centre since March, Hank Dopler has finally come to terms with his Cherokee roots. A U.S. veteran who grew up in poverty, travelled the world and served in three wars, Hank lived through an era when many people hid their Aboriginal ancestry rather than face widespread discrimination. Thanks to a loving family, though—in particular his eldest daughter—Hank now proudly celebrates his ancestry.

Hank Dopler's grandfather married a Cherokee woman, leading some to call him "squawman." "At the time, Indian ceremonies were illegal—even the drum was outlawed at one point—and the concept of Aboriginal rights didn't exist," Hank recalls. "She claimed to be a gypsy to prevent problems."

Hank was born in 1927 in Moline, Illinois to a family that scrambled to survive the depression.

"My father was a sharecropper, a machinist and a professional grinder," says Hank. "With four kids to support, my parents did whatever they could to keep bread on the table."

Hank, along with his two brothers and sister, often wore shirts and underclothes that their mother had fashioned out of flour sacks.

"Daddy also raised and sold rabbits," recalls Hank. "And Mom started to raise guinea pigs once she learned that a medical research company in Chicago would buy them."

At age 14, Hank ran away to join Joe Greer's Wild West Rodeo, initially as a hired hand.

"Early on, they put me on a bull for the first time—the tamest one, I later learned," recalls Hank. "I lasted the full eight seconds and everyone was amazed. So I became a rider and toured with the rodeo for the next two years. Broke a few bones along the way, but I won the championship one year."

After WWII broke out, Hank convinced

his father to sign him into the U.S. Navy. During the war, he served as a deckhand on cargo ships across the Pacific: Saipan, Okinawa, Bangkok and dozens of other ports. He was later transferred to the US Naval Construction Forces—known as Seabees, a word based on the initials "CB" for construction battalion. The Seabees' main assignment is to build and maintain runways, piers and other military facilities. Hank would spend much of the next few decades with the Seabees, including several tours during the wars in Korea and Vietnam.

In 1957–58, Hank Dopler served on the third in the series of year-long missions known as Deep Freeze, which established continuous settlement in Antarctica. The initiative was inspired by the International Geophysical Year, a joint effort by 40 nations to complete earth-science projects in the earth's more remote regions.

The U.S. Navy was charged with supporting the U.S. scientists for their portion of the IGY studies.

As a Seabee, Hank Dopler's job was to set up and maintain the airfield and other needed





The Dopler family circa 1986; clockwise from Hank: Tiia Marie, Jodean Elisabeth, Mary Catherine, T. Sharp, Kathleen Edwina. Another daughter, Courtney M'Laura, died in childhood.

infrastructure. He remembers his time near the South Pole fondly: "It was very educational and very enjoyable," Hank says. "It was amazing to see Emperor penguins—they are such stout, powerful animals. And I'll never forget the whiteouts that could suddenly spring up; they were extremely dangerous."

In 1961, Hank met his future wife, Mary Catherine Hurley, while stationed in Argentia, a US naval base on Newfoundland's Avalon Peninsula. It wasn't a welcome match for Mary's family, particularly for her father Art, a retired member of the Royal Newfoundland Constabulary and truant officer for the Catholic school board.

"At the time, the thought of a Catholic from Newfoundland marrying a Mason from the United States was pretty much unheard of," says Hank. "But her family accepted me pretty quickly. I remember the bartender in the Knights of Columbus Hall refused to serve me once when he learned I was a Mason, but Art—who was a big, strapping man—set him straight in a hurry. I knew we were going to be fine."

Mary and Hank's marriage

lasted 37 years and they raised five daughters. The eldest, named Sharp in honour of her grandfather, would later reconnect the family to their Aboriginal roots.

"My dad and I did not get along very well when I was young," says Sharp, now Program Manager of the Ontario Aboriginal HIV-AIDS Strategy. "My mom said it was because we were so much alike."

A key difference between the two, however, is that Sharp learned to embrace her Aboriginal roots early on, while her father chose to ignore them until relatively recently.

When their daughters had grown up, Hank and Mary decided to move south—to Oklahoma, where Hank's parents had originally lived. It was also where the U.S. Army had forcibly relocated his Cherokee ancestors in the 1830s—a travesty now known as the Trail of Tears. For more than a century, governments across North America enacted and enforced laws and policies designed to



Hank Dopler was honoured during a special ceremony at the Perley Rideau in early September. The North Country Veterans Committee of the United States presents commemorative coins to American veterans residing in Canada, as well as to Canadians who served under the U.S. flag during WWII, in Korea or in Vietnam.

L to R: Bill Redmond, Royal Canadian Legion Eastview Branch 462 and Representative to Perley Rideau ; Richard Vinet, North Country Veterans Committee (NCVC); U.S. Army Colonel (retired) William Murphy; Hank Dopler (seated); David Pearson, NCVC; U.S. Air Force Chief Master Sgt. (retired) Patrick Rourk; Brigadier-General (retired) Charles Lemieux, Perley Rideau Foundation Board Chair; Daniel Clapin, Perley Rideau Foundation Executive Director.



Hank Dopler was also presented with an Aboriginal Veterans Commemorative Pin. Afterwards, he insisted on showing everyone the back of his shirt, emblazoned with the Aboriginal Veterans Autochtones logo and beadwork made by his niece Poni.

eradicate Indian culture.

A major turning point in Hank's awareness of his roots occurred about 10 years ago, when he visited Sharp at a powwow near Ottawa.

"He spent some time there chatting with my Elder, who is also a Vietnam veteran," recalls Sharp. "And it stirred up something in him. About five

years ago, I brought him to a pipe ceremony, and that touched off all kinds of memories for him—he remembered his grandmother doing some of the ceremonies behind the barn."

"When I saw my daughter carrying the eagle staff as an honoured participant in the ceremony, I was filled with pride," Hank recalls. "It made me recognize how hard my parents must have had it when they were young."

Hank has been widowed twice—Mary passed in 1998 and his second wife in 2009. As his health declined, he became less and less able to live independently; Sharp convinced him to move to an assisted-living centre in Ottawa. In March, he moved into the Perley and Rideau Veterans' Health Centre.

"He gets much better care at The Perley Rideau," says Sharp. "He's a smart, charming guy who loves to be fussed over. Living at The Perley Rideau, he couldn't be happier."

Hank now participates in a seniors' group twice a week at Ottawa's Wabano Centre for Aboriginal Health, where Sharp's office is located.

"It's great to connect with my heritage," Hank says, "participating in talking circles and smudge ceremonies makes me feel I've come full circle."

As Hank continues to explore and celebrate his roots, daughter Sharp will continue to support him every step of the way. **BU**

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A special collaboration now underway benefits both shoppers and Perley residents. Cut out the card attached to this page and show it when you shop at Rona, Canada's hardware and renovations store, to save five percent (before tax) from most purchases. The offer is valid at Rona stores in Nepean, Gloucester and Stittsville. In addition, when you use the card at the Nepean and Gloucester stores, Rona will donate five percent of the proceeds to The Perley Rideau Foundation. Now that's a deal worth building on!



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Perley Rideau Foundation

Together we improve
the well-being of
the people we serve

The Perley Rideau Seniors Village is comprised of a 450-bed long-term care centre (including 250 beds for veterans), 139 specially-designed seniors apartments and community health care services.

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The Perley and Rideau Veterans' Health Centre Foundation

Memorial Tributes

June 24, 2015 to September 24, 2015

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