

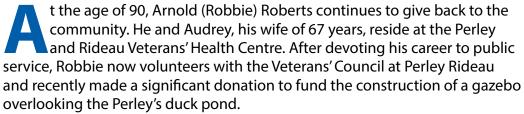


Honour and Care

The Perley and Rideau Veterans' Health Centre Foundation ◆ OTTAWA, ONTARIO

Nine Decades of Giving Back

By Peter McKinnon



"Like many of the residents, Audrey and I enjoy spending time there," he says simply. "I appreciate the quality of care we receive here and I'm proud to support it."

Born on the family farm near Brighton Ontario in 1927, Robbie Roberts got his first job at the age of 15 as a timekeeper in a nearby factory. He was so good with numbers that an uncle who owned a trucking firm hired him to track mileage.

The Second World War influenced the course of Robbie's life, as it did for so many of his generation. The family farm was not far from a base originally built

See page 3



Robbie and Audrey Roberts in 1951

Raised to be Kind

By Peter McKinnon

he late Beryl Montgomery (née McCallum) capped off a life of kindness with a generous gift in her will to the Perley and Rideau Veterans' Health Centre Foundation. To those closest to Beryl, this final act of kindness came as no surprise; many Canadians of her generation dedicated their lives to community, country and family.

Beryl, along with sister Sybil and brother Gordon, were born and raised in Osgoode. Mom was a homemaker and Dad was a carpenter who had served overseas in World War I.

"Our parents were very kind," recalls sister Sybil Brown, "I remember that when a neighbour became ill, Mom would make a pudding and get one of us kids to bring it over. In those days, we all took care of one another."

In another sign of the family's kindness, they fostered a series of children from broken homes. The McCallums adopted one of them – a boy named Ronald -- while a girl named Vicky Hubner moved in at the age of nine

Contents

- 2 Annual Donor Reception and Strawberry Social
- 6 Daniel Clapin column
- 8 Royal Canadian Legion photos
- **12** Deborah Bennett, 1947-2018
- 13 There But Not There
- 14 Akos Hoffer column
- **16** Memorial Tributes

Perley Rideau
Foundation

Annual Donor Reception and Strawberry Social

t this year's event, the Perley Rideau Foundation hosted 160 donors and guests on June 6th in appreciation for the nearly \$1.6 million donated during 2017 – magnificent, life-giving support for the men and women who call the Perley Rideau home. Residents, Foundation staff, and the larger Perley Rideau community are all grateful for the generosity of donors.





Foundation Board Chair Doug Brousseau delivers the keynote address.



Guest speaker Charles Bordeleau, Chief of the Ottawa Police Service, poses with Peter Brennan, Second World War Veteran and Perley Rideau resident.

Nine Decades of Giving Back ... continued from page 1



Pilot trains on simulator during Second World War. Commonwealth Air Training Plan Museum Courtesy: Commonwealth Air Training Plan Museum



Aerial view of CFB Trenton during Second World War. Credit: Library and Archives Canada

by the Royal Canadian Air Force and known today as Canadian Forces Base Trenton. After Nazi Germany invaded Poland in 1939, the Allies recognized that gaining control of the skies would be essential to victory. To achieve this goal, however, would require quickly training and deploying hundreds of thousands of pilots, navigators and support staff. In December 1939, the British Commonwealth Air Training Plan came into being and CFB Trenton soon became the world's largest aviationtraining centre.

"We would be working in the fields



Robbie and Audrey in England in 1951

when planes on training runs would sometimes fly low over our heads and spook the horses," recalls Robbie. Older brother Norris enlisted and served in Europe as a parachutist. One of their nephews was shot down and killed somewhere over Holland at the age of 19.

Although too young to enlist, Robbie got a job stocking the canteen on the base and eventually moved into handling logistics. The war ended before his 18th birthday, but Robbie enlisted anyway and was assigned a job in finance at CFB Trenton. He would serve in the Canadian Forces for the next 29 years. While posted to Winnipeg, he met Geraldine Audrey Forbes, a typist who was the same age as Robbie, and the two hit it off. They married before the year was out and began an odyssey of postings to bases across the country and around the world.

"We managed to get transfers to the same base and were together for all but six months," says Robbie. While in Germany in 1954, Audrey gave birth to David, their only child. During the Cold War, the family spent five years at Canadian Forces Station Gypsumville, about 240 kilometres north of Winnipeg. The Station was part of the Pinetree Line: a series of radar installations designed to track potential incursions of Soviet aircraft and missiles.

"It was a tough posting for David, because there weren't many other children around," says Robbie. "We did a lot of fishing, hunting and camping, and played games together as a family."

As an expert in logistics and auditing, Robbie's principal work involved tracking public assets and inspecting operations. He travelled extensively and reckons that he flew in nearly every model of plane operated by the Canadian Forces during the 1940s, 50s and 60s, including Fairchilds (known as flying boxcars), Bristols, Beechcraft, North Stars, de Haviland Buffalo and Canadair Sabres. Audrey and David often flew on military aircraft to visit her family in Winnipeg. The experience likely contributed to David's decision to start a hot-air balloon company in his late 20s.

Along with regular relocations and frequent travel, volunteerism is another constant in Robbie's life. Wherever the family was posted, he would volunteer for a local organization: the Lion's Club, Masonic Lodge, Shriners, church groups. When David was young,



The Gazing Gazebo



Robbie and Audrey Roberts during the ceremony to open the Gazing Gazebo.

Robbie coached minor hockey and led Boy Scout troops.

In 1973, Robbie retired from the Canadian Forces and began a second career with the City of Ottawa as a budget officer and later budget director. After David left home, he and Audrey bought a cottage near Cobden, Ontario. By the time Robbie retired, Audrey had begun to suffer from a progressive form of dementia. To obtain the support they needed, the couple embarked on a new odyssey of medical specialists and care facilities. When Robbie could no longer care for her on his own, Audrey moved into a long-term care home. It broke Robbie's heart and he longed for them to be together again. In 2017, the opportunity finally came: Robbie qualified to move into the Perley Rideau, which made Audrey eligible for a bed in a secure unit there. Robbie spends time with Audrey every day.

"Here, she's finally getting the care she needs," says Robbie. "I'm proud to do whatever I can to support other residents here." Robbie sketched a design for a shelter next to the duck pond and christened it the Gazing Gazebo. He generously offered to pay for the gazebo through a donation to the Perley Rideau Foundation – yet another indication of the man's determination to give back to his community and his country.



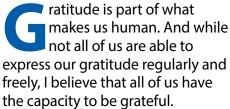
Summer Youth Volunteer Program

Long-time volunteer Philippe Lepage shares tips with four participants in the Summer Youth Volunteer Program. Sponsored by generous donors to the Foundation, the Program provides students with opportunities to volunteer at the Health Centre and improve residents' quality of care.

Acts of Gratitude

perleyrideaufoundation.ca

By Daniel Clapin, ACFRE, Executive Director
The Perley and Rideau Veterans' Health Centre Foundation



Several recent gifts-in-will inspired me to reflect on the nature of gratitude. One of these gifts from Beryl Montgomery – is the focus of an article in this edition of Honour and Care. Gifts-in-will are special for several reasons: they enable people to perform final acts of kindness, and to leave an impactful legacy. Estate gifts also tend to be large and unrestricted (i.e. not earmarked for specific needs or projects). As a result, these gifts give the Foundation greater flexibility in supporting the Health Centre, particularly with major capital projects. A good example is last year's project to replace the Health Centre's antiquated call-bell system.

The new system significantly increases quality of care. Under the old system, a resident's request for any type of assistance – even a dropped pen or coffee cup - would cause bells to ring and lights to flash in the hallway. Alarm bells and flashing lights are irritating to all of us. For some seniors, however particularly those suffering from dementia - the commotion can be particularly disturbing. The new call system alerts staff silently and instantly of requests for assistance. The result is a more peaceful and homey environment for residents.

The system also enables staff to spend more time doing what they do best: providing one-on-one care to residents.

Thanks to generous gifts-in-will, the Foundation provided more than \$300,000 toward the project to install a new call-bell system. Without this donation, the Health Centre could not have afforded the project. Unrestricted estate gifts to the Foundation also help the Health Centre keep pace with changing community needs. The new clinics described by Akos Hoffer on page 14 are a case in point: estate gifts to the Foundation will help to fund the construction of the clinics and further improve quality of care.

I am blessed to work in an environment where gratitude and the impacts of expressions of gratitude – are on display every day. The Perley Rideau is home to 450 seniors, including 250 Veterans, most of whom served during the Second World War or Korean War. Our residents grew up in another time – when duty was far more important than personal satisfaction. And while we can never truly and fully repay them for exercising their duty, we can express our gratitude by supporting the exceptional, heartfelt care they receive within these walls. Donations to the Foundation pay for many of the therapeutic items and recreational activities that ensure our residents feel at home - the so-called extras not covered by government. I describe this as

"life-giving support," because it ensures that seniors and Veterans can live out their final years in the comfortable, caring and stimulating environment that they so richly deserve.

Expressing gratitude not only makes us feel good, but also makes others feel good. This is why the Foundation is proud to celebrate all donations, regardless of size: because they are expressions of gratitude that directly improve the lives of residents. In the words of William Arthur Ward, an American writer famous for his maxims, "Feeling gratitude and not expressing it is like wrapping a present and not giving it." On behalf of the entire Perley Rideau community, I thank all donors for your trust and investment in honour and care.

Ren Migain

The Perley Rideau Seniors
Village is comprised of a 450-bed
long-term care centre (including
250 beds for Veterans), 139
specially designed seniors
apartments and community
health care services.

We appreciate your support in making a bequest in your will and/or making a donation

Please contact Daniel Clapin The Perley and Rideau Veterans' Health Centre Foundation 1750 Russell Road, Ottawa ON K1G 5Z6 613-526-7173

Email: dclapin@prvhc.com perleyrideaufoundation.ca



The Director General Aerospace Equipment Program Management (DGAEPM), a long-time supporter of the Foundation, raised more than \$3,000 this year – enough to pay for a new Hi-Lo bed. DGAEPM representatives presented Silver Leaves to honour three Perley Rideau residents (front row, L to R): Sgt. (ret'd) Lorne Hooper; Lt.-Col. (ret'd) Jessie (Urquhart) Chenevert; and Artillery Gunner (ret'd) Jon Wadleigh. Back row (L to R): Daniel Clapin, Foundation Executive Director; Linda Hooper, daughter of resident; Col. Nancy Tremblay; Chief Warrant Officer Brigitte Marley; Doug Brousseau, Foundation Chair; lan Wadleigh, son of resident.

Thank you to Janet and John Sabourin for honouring their father's life with a new Leaf on the Tree of Life. The family gathered to celebrate a life well lived and full of love.



Family and friends of the late Shirley Hart gathered at the Tree of Life to celebrate her life and the care she received at the Perley Rideau. The family particularly wanted to extend their thanks to the staff of Rideau 2 North for the wonderful care they provided Aunt Shirl.

Thank you to members of the Ottawa Service Attachés'
Association (OSAA) for sharing a beautiful evening with Perley Rideau residents.
The OSAA generously funded the renovation of a dining room, and staff of the Foundation and Health Centre were proud to show off the impact of their gift.



Outstanding Support from



Br. 589 Osgoode: \$2,000 towards a new Hi-Lo bed. L to R: Doug Brousseau, Foundation Chair; Elsie Hickey, Br. 589 Treasurer and Secretary; Delphine Haslé, Development Officer; Daniel Clapin, Executive Director; Peter Valdstyn, Br. 589 Poppy Chair

Br. 595 Strathcona: \$10,000 towards a new Sit-to-Stand lift. L to R: Doug Brousseau, Foundation Chair; Brian Madden, Br. 595 Poppy Chair; Daniel Clapin, Executive Director; Delphine Haslé, Development Officer; Ray Desjardins, Foundation Board Advisor; Jim Simpson, Br. 595 President





Br. 593 Bells Corners: \$4,900 towards to 2 new Hi-Lo beds. L to R: Brad Curtis, Br. 593 Seniors and Hospital Officer; Doug Brousseau, Foundation Chair; Ray Desjardins, Foundation Board Advisor; Shawn Taillon Br. 593 President

the Royal Canadian Legion

Br. 627 Greely: \$2,000.00 for supporting the Priority Needs of our Veteran residents. Back row, L to R: John MacInish, Osgoode Care Centre; Kristen Casselman, Winchester & District Memorial Hospital; Daniel Clapin, Foundation Executive Director; Delphine Haslé, Foundation Development Officer; Della Hunt, Rural Ottawa South Support Services; Vanessa Brousseau, East Ottawa Resource Services. Front row, L to R: Arlene Preston, Br. 627 1st Vice-President; Bruce Sherritt, Br. 627 Services Officer; Linda Wyman, Br. 627 President

OBluedrop

Br. 641 Barrhaven: \$10,000 to meet the Priority Needs of Veterans. L to R: Ross Stephen, Br. 641 Poppy Trust Treasurer; Ray Desjardins, Br. 641 Chaplain and Foundation Board Advisor; Delphine Haslé, Development Officer; Daniel Clapin, Executive Director; Bert Boehme, Br. 641 President; Angele Guy, Br. 641 Hospitality Chair; Stephane Guy, Br. 641 1st Vice President & Poppy Chair



Br. 480 Westboro: \$\$8,000 towards a new therapeutic height-adjustable bath system and \$2,000 towards a new Hi-Lo bed. L to R: Gerald Sinclair, Perley Rideau resident and Br. 480 member; Delphine Haslé, Development Officer; Daniel Clapin, Executive Director

Br. 616 West Carleton (Constance Bay): \$5,200 towards 2 new Hi-Lo beds. L to R: Daniel Clapin, Executive Director; Bogdan Procyk, Br. 616 1st Vice-President; George Dolan, Br. 616 President



Local band The Altered Egos played a fundraiser for the Foundation at the International Association of Facilitators 2018 Gala. Thanks to the band for "facilitating" more life-giving programs and equipment! L to R: Greg Lahey, Kevin Smyth, Paul Wing, Mike de Paul, Ron Kassner, Peter McKinnon.

Thanks to the generosity of volunteer groups and knitting clubs, each new Perley Rideau resident receives a handmade blanket. Thank you to all volunteers, such as Marie Gauthier – who made this beautiful blue blanket – who donate their time and talents to make seniors and Veterans feel welcome in their new home.



Quilts of Valour members (L to R) Jill Greenwood and Tracy Wilson show off some of the beautiful handiwork of members of Quilts of Valour – Canada. This quilt and many others will be gifted to new Veteran residents of the Perley Rideau, as part of the Welcome Program. Thank you to all Quilts of Valour members.

Team Perley Rideau was the happy winner of the 2018 Kichesippi Workplace Run-Off – a contest run by Kichesippi Brewery for organizations participating in the Ottawa Race Weekend Charity Challenge. Team Perley raised the most money – more than \$17,000 – earning members a tour of the brewery, and an awesome lunch and beer tasting. Congratulations to all Perley runners and those who supported them.

Raised to be Kind ... continued from page 1

months and stayed the rest of her childhood.

With no high school in Osgoode, the McCallum children boarded the train into Ottawa every weekday to attend Nepean High School. Determined to complete her education, Beryl went on to Willis Business College, specializing in secretarial skills. Beryl soon became adept at shorthand, qualifying her for office work. Before she could start her career, though, she fell in love with Clifton Montgomery, an Osgoode boy who had served overseas in the Royal Canadian Air Force during the Second World War. The two married in the parlour of the McCallum home. with Vicky serving as flower girl. The marriage would last for 67 years.

Clifton, like his father before him, worked for the Canadian National Railway. He began as a stoker - a labourer who shovels coal into the engine's furnace but had to relocate to Montreal to qualify for a full-time job. The couple moved and Beryl soon landed an office job at Kraft Foods. Determined to advance with the Railway, Clifton devoted his vacation time to studying for and writing the necessary exams. He earned a promotion to engineer, a position he held until his retirement. The job was based in Ottawa, however. When Kraft Foods learned that Beryl was leaving, they presented her with a pair of earrings. Beryl would leave them in her will to Vicky.

Beryl and Clifton had no children, but loved animals and dogs – in particular their pet



Clifton and Beryl Montgomery marry in 1949

Chihuahua, Chico. They held dinner parties and danced at the RA Centre, a recreation and sports facility that opened in the early 1960s. Beryl proved to be an excellent five-pin bowler.

"Like her parents, Beryl was friendly, caring and kind," says Vicky Paul (née Hubner). "She and Clifton really helped me out after my husband left. Suddenly, I had to raise four young children on my own. To make sure that I could hold on to my job, Beryl and Clifton would look after one child at a time for a week. I don't know how we would have made it otherwise."

After his retirement, Clifton began to suffer from a progressive form of dementia. Vicky Paul, a certified nursing assistant, helped Beryl to better understand and cope with her husband's condition. Clifton Montgomery eventually moved in to the Perley and Rideau Veterans' Health Centre, where he passed away in 2016.

"Beryl was impressed with the quality of care he received there," says Sybil Brown. "So I'm not surprised to learn that she would leave a substantial gift to the Perley Rideau Foundation. She also left significant gifts to a couple of other charities in her will."

This final act of kindness speaks to the true nature of Beryl Montgomery. **HC**

Deborah Bennett

1947-2018

Deborah Bennett, a faithful supporter of the Perley Rideau, passed away in June. Deborah helped to establish the Gift Boutique in 1996 and served as its volunteer manager for many years. Under her leadership, the Boutique raised more than \$500,000 for the Foundation and provided a pleasant shopping experience. In recognition of Deborah's selfless dedication, the Health Centre renamed the shop Deborah's Gift Boutique.

You can make a donation in Deborah's memory by calling the Foundation at 613-526-7173 or by visiting www. perleyrideaufoundation.ca





Two Foundation Board Directors Retire

Ken Dye (left) and Alan Gill (right) accept plaques of recognition from Doug Brousseau, Foundation Board Chair, and Daniel Clapin, Foundation Executive Director, for their nine years of service as Board Directors. Ken Dye served as Auditor General of Canada from 1981-1991, while Alan Gill held senior positions in finance and human resources with several organizations, initiating and managing innovations in the fields of export credits, capital markets and private-sector development.

There But Not There

by Nicolas McCarthy

ix works of art
- wire-frame
silhouettes
of soldiers grace the grounds of
Beechwood Cemetery,
Canada's National
Cemetery. The
works are part of an
international campaign
to commemorate
Veterans of World War I
and to raise funds
to support modern
Veterans. Many of the



1.82-metre (six-foot) aluminium figures will stand sentry on the grounds of Beechwood Cemetery to honour the many soldiers buried there. Others will be erected at iconic Ottawa locations until Remembrance Day, 2018, the hundredth anniversary of the Armistice that ended World War I.

World War I holds a special place in the hearts of many Canadians. For the first time in its history, Canada fought as an independent force; to many people, the contributions and sacrifices of Canadian soldiers at Vimy Ridge, Passchendaele and other places marked this country's coming of age. The War took a momentous toll on a relatively young nation: of the approximately 424,000 Canadians who served overseas, nearly 61,000 Canadians were killed and another 172,000 were wounded. Many more returned home forever broken and traumatized.

Shortly after There But Not There launched, Beechwood Cemetery began planning to bring the campaign to Canada. Beechwood Cemetery is the final resting place for Veterans of every war that Canada participated; commemoration is central to its mandate.

For the last four years, many events have commemorated various aspects of the War. The There But Not There campaign began in Great Britain and seeks to directly engage citizens by linking past and present. The campaign aims to:

- Commemorate those who died in the War by erecting a silhouette wherever there is a Roll of Honour.
- Educate people about the causes and effects of World War I.
- Heal the many modern Veterans who continue to suffer physically or mentally due to their service.

Itself a registered charity, There But Not There donates the funds it raises to charitable organizations that work directly with Veterans, such as True Patriot Love Foundation and The Invictus Games Foundation.

Beechwood Cemetery hopes to see statues erected in all of the communities that Veterans left behind when they went into service. It would be a wonderful way to honour their sacrifice.

For more information, please visit https://www.therebutnotthere.com

The Beechwood Cemetery Foundation, a not-for-profit organization and registered Canadian charity, is proud to sponsor this edition of Honour and Care. Established in 1873, Beechwood is designated as the National Cemetery of Canada and a National Historic Site. It is widely considered one of the most beautiful and historic cemeteries in Canada. For more information, please visit http://www.beechwoodottawa.ca



Ever Better



By Akos Hoffer, Chief Executive Officer The Perley and Rideau Veterans' Health Centre

he Perley and Rideau Veterans'
Health Centre continues to
evolve to keep pace with
the region's changing healthcare.
This fall, we will introduce two
new specialty clinics and expand
onsite services. Accommodating
these changes will require
some construction projects and
relocations in the Perley Rideau
Centre, main building.

The first addition, delivered in partnership with the University of Ottawa, is an interprofessional, outpatient clinic for occupational therapy, physiotherapy, speechlanguage pathology and hearing care/audiology care. We will also add a primary-care clinic, and launch an audiology clinic, expanding the range of hearing services available to residents and the larger community. To accommodate the new clinics and services, several offices will relocate and our main building will see a fair bit of construction activity. For up-to-theminute information about these changes, please consult our website (perleyrideau.ca).

All of this activity aligns with our multi-phase, 15-year Strategic Plan, revised last year by the Board of Directors and designed to ensure that the Perley Rideau can realize its full potential. To better serve the community, we must adapt to shifts not only in demographics, but also in models of care and funding. As described in the Strategic Plan, the Perley Rideau aims to become

Canada's first Centre of Excellence in Frailty Informed Care while continuing to support priority care for Veterans and individuals with early- to mid-stage dementia. Becoming a Centre of Excellence will help to ensure the Perley Rideau's sustainability as an innovative centre for long-term care.

Throughout our existence, we have continually increased our contribution to the community by taking advantage of our many attributes – an expert staff, dedicated volunteers, supportive partners, generous donors and a beautiful facility adjacent to the region's largest hospital and health-sciences complex. This strategy has enabled us to embark on several innovative projects in the last year.

SAFE (Sub-Acute care for Frail Elderly), for instance, is a pilot project that establishes a new level of care for elderly patients recovering from surgery, accidents and short-term illnesses. Under SAFE, eligible patients who no longer require hospital care but are not well enough to return home recover in a special 20-bed unit. The other partners in SAFE are the Ottawa Hospital (TOH) and the Champlain Local Health Integration Network (LHIN). This year, we also created a 20-bed Specialized Behavioural Support Unit (SBSU) under a partnership with the Champlain LHIN, the Royal Ottawa Mental Health Centre and Behavioural Supports Ontario. The

SBSU features a secure environment and provides safe, enriched care to people with dementia who exhibit responsive behaviours.

The Perley Rideau's strategic approach continues to inspire valuable partnerships. Earlier this year, for instance, the Province of Ontario and the Champlain Local Health Integration Network (LHIN) allocated us an additional 84 longterm care bed licences and our team is now researching options for our growing campus. Under a partnership with the Registered Nurses Association of Ontario, our staff are testing and documenting the impacts of best practices in care on the journey to become a Best Practice Spotlight Organization. And Algonquin College's Personal Support Worker program now operates an onsite classroom to train the healthcare workers of tomorrow. All of these developments serve to increase our contribution to the community and the quality of care we provide.

It is an honour to serve as CEO during such an exciting time in Perley Rideau's history. I want to thank our staff – as well as our partners, stakeholders, volunteers and donors – for supporting Perley Rideau's quest to increase our contribution to the healthcare system and to the community. Together, we improve the well-being of the people we serve.

Fashion Show and Shopping Event

Fundraiser for the Perley and Rideau Veteran's Health Centre Foundation
More than 30 vendors specializing in clothing, women's accessories, food and senior services
Free admission, everyone welcome
Raffle and silent auction

Date: Sunday, October 21st Shopping 2-4 p.m.; Fashion show at 3:00 p.m. Location: Main Cafeteria, 1750 Russell Rd, Ottawa



Save the date: March 5, 2018



The Perley and Rideau Veterans' Health Centre Foundation

will host the 2nd Annual High Tea in honour of International Women's Day.

Details to follow.

Proud to celebrate female Veterans every day!



Save on your home improvements and support the Perley Rideau Foundation.

The Perley Rideau Foundation and Nepean Rona have partnered on a special offer.

Shoppers with membership cards receive an immediate discount of 3% on all purchases, and Rona will donate 2% of purchases made with the card to the Foundation.

Cards are available outside the Foundation office, or print your own from our website

www.perleyrideaufoundation.ca • RONA account #148122

The Perley and Rideau Veterans' Health Centre Foundation

Memorial Tributes

May 8, 2018 to August 15, 2018

Honour someone special with a donation to The Perley and Rideau Veterans' Health Centre Foundation

Mr. Steve Almond • Mr. Alan Anderson • Mrs. Jean Barry Mr. Charles E. Beddoe • Mrs. Louise Beddoe • Ms. Alice Beland Mrs. Helen Bender • Ms. Deborah Bennett • Mr. Charles Bisset Mr. Arthur Brooks • Mr. Gerald Bruer • Mrs. Joan A. Cameron Mrs. Joan A. Cameron • Ms. Michèle Cloutier • Mr. René Cloutier Mr. James William Cook • Mr. Percy D'Aoust • Mrs. Solveig Fischer Mrs. Tamar Fortier • Mrs. Patricia Gillen • Mr. Walter "Dallas" Gordon Mr. Ralph Greenland • Mr. Burton Harper • Mrs. Shirley Hart Mr. LLoyd Hodge • Mr. Robert Huard • Mrs. Phyllis M. Huber Mr. Philip Sidey Irwin • Mr. Burton F. Kelso • Mr. August Klovan Mr. Guy Lavigne • Mr. Burpee C. Mason • Mr. Charles Mavor Mr. Bruce McCallum • Maj. Rev. Chris McCarney • Mr. Bill McFadden Mrs. Phyl McLachlan • Mr. John R. Newell Mr. John Hamilton Newman • Mr. Murielle O'Leary Mr. George Osborne • Mr. James Peck • Mr. Hector W. Rafuse Capt. (N) (Ret'd) Ronald R. Richards • Mr. Oscar Scheuneman Mrs. Beverley Seeger • Mr. Hubert J. Snow • Mr. George L. Sparks

Perley Rideau Foundation

Together we improve the well-being of the people we serve

The Perley Rideau is an innovative Seniors Village with 450 long-term care beds and 139 independent-living apartments. Veterans enjoy priority access to 250 of the long-term care beds and to the apartments.

Doug Brousseau

Foundation Board Chair

Daniel G. Clapin

Foundation Executive Director

Kristan K. Birchard

Health Centre Board Chair

Akos Hoffer

Health Centre
Chief Executive Officer

The Perley Rideau Foundation publishes **Honour and Care** three times a year.

Writer/editor: Peter McKinnon Layout: André Campeau

The Perley and Rideau Veterans' Health Centre Foundation

1750 Russell Road Ottawa, Ontario K1G 5Z6 Tel: (613) 526-7173 Email: dclapin@prvhc.com www.perleyrideaufoundation.ca

The poppy, as a symbol of remembrance, is a trademark of The Royal Canadian Legion. It is used here with the kind permission of the Legion.



Publications Mail Agreement No. **40069406**Return Undeliverable Canadian Address to:
Perley and Rideau Veterans' Health Centre Foundation, 1750 Russell Road, Ottawa ON K1G 5Z6
Email: dclapin@prvhc.com

Mr. Bob Spatola • Mrs. Alice Sutherland • Mrs. Constance Taylor

Ms. Rita Viau • Mrs. Joan A. Voller • Mr. Xuan Wang • Mr. Don Young