

Transforming care for Seniors and Veterans

Honour and Care

WINTER 2025

Your Impact, Our Gratitude: Celebrating Your Generosity

This edition of Honour and Care is full of stories of transformed lives. Your support made it all possible. Thank you!

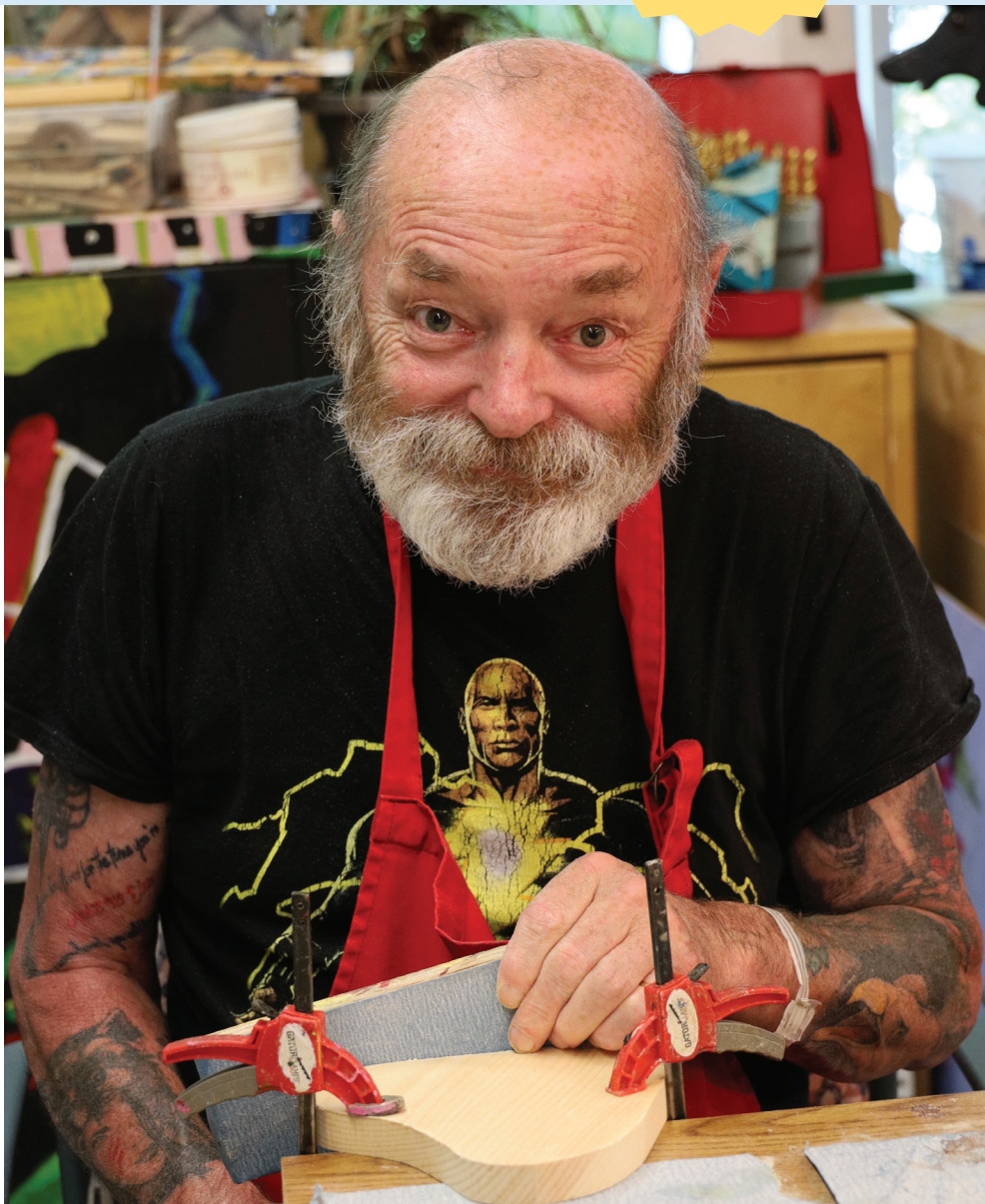
Your Gift Turned Heartbreak Into Hope

How Larry found joy and connection after a devastating stroke

When Larry suffered a life-altering stroke, he lost the ability to care for himself and needed help with nearly every aspect of daily living. It was a devastating change for both Larry and his wife, Clay.

“When Larry first came to Perley Health, he was very angry and frustrated,” recalls Andrea, a staff artist who works with residents in the Creative Arts Studio, “but with a lot of hard work and encouragement, we were able to get him using his nondominant hand. His progress has been truly incredible, and he is now able to use dining utensils and brush his own teeth again.”

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Thanks to your generosity, the Creative Arts Studio is a special space that brings moments of joy and connection to residents like Larry.

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A Message From Delphine



Celebrating you and all that you make possible!

With 2024 now behind us, it's the perfect time to express my deepest gratitude for the incredible generosity you've shown toward the seniors and Veterans who call Perley home. Your support has brought so much more than care—it has created moments of joy, connection, and belonging that truly enrich the lives of our residents.

Thanks to you, they experience the comfort of a welcoming community where they feel valued and loved. From innovative programs to essential equipment, your contributions have made an enormous difference, ensuring every resident is treated with dignity and compassion.

In this special gratitude edition of Honour and Care, I hope you feel in your heart the difference you make every day. Your unwavering commitment to transforming care builds a brighter, warmer place for seniors and Veterans at Perley Health and beyond.

Once again, thank you for your kindness and compassion,

Delphine Haslé, CFRE
Executive Director



Hearts In Harmony

Your support brings the joy of music to families

For the Belanger family, music became a profound source of connection, comfort, and joy during their father's time at Perley Health. They credit Music Therapist Tim Cote for his extraordinary kindness and talent, which left a lasting impact on their family.

"Tim was so generous and gracious to play at Dad's interment—on his day off, no less," shared a family member. "He chose music he knew would be meaningful, adding so much to the service. Dad would have been thrilled, as would Mom, who is interred beside him."

Tim's ability to engage residents like Mr. Belanger through music is remarkable. From one-on-one sessions to group activities like the Bell Choir, Tim creates moments of joy and togetherness.

"We were so impressed by the Bell Choir. My sister and I attended different sessions with Dad, and Tim even got us to play together as an orchestra," the family recalled. "It was one of the only times Dad ever played music with others—such a special memory for all of us."

The Belanger family's gratitude speaks to the heart of Perley Health's mission: to create meaningful experiences for seniors and Veterans. Tim's dedication exemplifies the exceptional care that is possible, thanks to your support. **Your generosity ensures residents continue to experience moments of connection and joy, making family memories that last a lifetime. Thank you!**

If you would like to recognize a staff member as a Champion of Care, please contact Courtney Rock at crock@perleyhealth.ca or call 613-526-7173 for more information.

Care For Seniors and Veterans!

Your Caring Support Brings Joy and Connection

Thanks to your generosity, life has become brighter for Don

Don, a retired navy captain, who once navigated the high seas, admits he felt some anxiety when he first moved to Perley Health. Adjusting to a new environment can be daunting, but because of you, Don found a new way to connect, engage, and thrive—right here on land.

With the support of a dedicated volunteer, Don discovered the Magic Table, an innovative piece of therapeutic equipment designed to engage, entertain, and develop the skills of people living with various cognitive and physical abilities.

Don loves the variety of games the Magic Table offers, from puzzles featuring antique cars to interactive challenges. These games keep Don mentally active and excited to participate. He's especially fond of how the games range in difficulty, offering him opportunities to challenge himself while also having fun.

Because of you, Don has found more than just a pastime—he's found a community. The Magic Table has become a gathering spot where Don meets other residents and volunteers. He now looks forward to Thursdays and Fridays, when his volunteer visits, and they spend time together at the Table.

Your gift helped Don build a routine filled with purpose, mental stimulation, and social connection. Your kindness transforms lives and reminds Veterans like Don that they are never alone.

Visit PerleyHealthFoundation.ca/thank-you for more stories of how you make a difference.



Because of your compassionate generosity, Don and other Perley Health residents now benefit from four Magic Tables!

"I can't thank donors enough for the incredible difference they make in the lives of the residents here. It's truly an amazing place."

***~ Clay,
grateful wife***

Your Gift Turned Heartbreak Into Hope *Continued from page 1*

Larry's stroke changed his world overnight, but he and Clay are extremely grateful for the excellent care he receives at the Perley. Clay, who volunteers five days a week, cherishes the opportunity to stay close to him. Now, Larry finds joy and connection through art.

"It's remarkable to see what creative arts have done for Larry physically, mentally, and emotionally," says Andrea. "He is so much happier now, and is drawing and painting beautifully."

Larry's journey from hardship to hope was only possible because of you. Your kindness and support have made all the difference for Larry—and for Clay. Thank you!

Help Seniors and Veterans Receive the Best Care Possible!

Every senior and Veteran at Perley deserves the best care possible. But to achieve that, advanced staff training tools are necessary to prepare dedicated nursing staff for real life medical scenarios.

Your gift is urgently needed today to purchase a smart manikin that will allow nurses to practice taking care of residents.

This state-of-the-art simulator will provide hands-on practice for vital procedures like IV insertions, catheterization, and respiratory assessments. It will allow nursing staff to refine their skills in a safe, controlled environment—before they are faced with real-life situations.

Your gift today will empower staff to meet the clinical needs of residents with confidence.

With 450 residents relying on the expert care Perley Health is known for, this simulator is an essential investment in their safety, comfort, and well-being.

Please make a gift today to help with this important goal. Your support will ensure that every senior and Veteran receives exceptional care and enjoys the best possible quality of life.



*Here's how
you can
help!*



Seniors and Veterans are living life to the fullest because philanthropy has fueled Perley Health's care, research, innovation, and growth.

Stay Connected



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PerleyHealthFoundation.ca

I want to help even more! Here's my next gift!

YES, Delphine! I want residents to receive the best person-centred care and quality of life possible. Here is my gift to fund important training equipment and all the other great work of Perley Health Foundation.

- \$50 to improve the quality of life of a senior or Veteran
- \$100 to improve the quality of life of a senior or Veteran
- \$200 to improve the quality of life of a senior or Veteran
- \$_____ to improve the quality of life of a senior or Veteran



Please return enclosed reply card with your gift